

# **City of Rocklin**

## **Recreation Division**

### **General Grass Volleyball League Rules**

1. **Officiating** - The grass leagues are based on CALL YOUR OWN FOUL officiating. This is an honor system where teams are to call their own illegal hits. Protested calls should be replayed. **Managers will be held responsible for their team's actions.**
2. **Scorekeeping** - Recreation Staff will be on hand to set up courts and record match scores. The winning team is responsible for reporting the scores at the completion of each match.
3. Matches consist of three games to 15 points, win by two. All games should be played and will be recorded in the standings.
4. The team listed first on the schedule serves first for games 1 & 3. The team listed second serves first for game 2. Teams will switch sides of the net after 8 points (by one team) for the third game only.
5. Each teams' first hit can be received with a double hit but can not be lifted. No blocking of serves is allowed.
6. Shoes **MUST** be worn at all times.
7. Serving can be done from anywhere behind the end-line in all divisions.
8. Quad teams may play with only two players and teams may consist of any combination of male and female players. Six-person teams may play with a minimum of four players as long as two of them are female. There must be a minimum of 50% female on the court in Coed leagues. This rule can be waived by agreement of both managers' **prior** to the start of play.
9. Teams may have one 20 second time out per game.
10. There is no female hit rule for our Quad Leagues.
11. Teams **not ready at schedule match time** will forfeit the first game at 5 minutes after scheduled start time, second game at 10 minutes and the match at 15 minutes after scheduled game time. Matches are scheduled to begin at 6:30 p.m. sharp!
12. A block doesn't count as a hit.
13. Player's may cross onto the opponent's court, under the net, as long as they do not interfere with the opponent's opportunity to play the ball.
14. **Match Time** – All matches are scheduled to begin at 6:30 p.m. and play completed by 8:00 p.m.. If the 3<sup>rd</sup> game of a match has not begun by 7:30 p.m., rally scoring will be used.